

# Health and Safety

## **HABC Level 3 Award in Health and Safety in the Workplace (QCF)**

This qualification is ideal for anyone in a supervisory, team leader or managerial role. Subjects covered include understanding the requirements for health, safety and welfare in the workplace, the benefits of using a safety management system, the principles of risk assessment, and understanding the risks and control methods for common workplace hazards.

### **How long will it take me to achieve this qualification?**

This qualification is usually obtained by taking a 3-day classroom-based course. However, it can also be achieved through a variety of other methods including blended and distance learning, as long as the recommended learning hours are completed.

### **How is the qualification assessed?**

This qualification is assessed by a 60-question multiple-choice examination lasting 2-hours.

### **What next?**

Learners successfully achieving this qualification may wish to progress to:

- HABC Level 3 Award in Risk Assessment (QCF)
- HABC Level 4 Award in Health and Safety in the Workplace (QCF).

### **Where can this course be taken?**

Through any HABC approved training centre.

# Highfield Fact Sheet

## Sample questions:

### Multiple-choice

- 1 Some of the benefits of using a safety management system in the workplace include:
  - a) reduced costs, fewer risks, good reputation
  - b) good reputation, higher risks, reduced costs
  - c) higher costs, poor reputation, lower risks
  - d) fewer risks, good reputation, higher costs
  
- 2 Implementing risk control measures can:
  - a) reduce injuries to members of the public
  - b) reduce the requirement for legal compliance
  - c) cause civil claims
  - d) lead to informal compliance
  
- 3 Which of the following is an illness that is **most** likely to be a serious risk to employees working in or around water?
  - a) Typhoid
  - b) Hepatitis
  - c) Tuberculosis
  - d) Leptospirosis